



Te Puni Kōkiri
MINISTRY OF MĀORI DEVELOPMENT

He karakia mō te mutunga o te rā

To conclude the day – before sleeping

Kia tauria tātou ki te korowai o te ora

Kia ūwhia tātou ki te kāhu o te māramatanga.

Kia tāwharau hoki tō tātou kāinga ki te āhuru mōwai rokiroki

Tauwhirotia tō mātou whānau ki te parepare o ngā mātua tūpuna. Koia

e Rongo, whakairi ake ki runga, tūturu o whiti, whakamaua ki tīna,

haumi e, hui e, tāiki e!

May we be protected with the garment of wellness

and be covered with the cloak of clarity.

May all our homes be sheltered with pure calmness

And our whānau be supported by the protective walls of our ancestors.

We all raise Rongo up, so that our collective energy is bound together as one!

*This karakia was composed by Te Puni Kōkiri Senior Advisor **Eruera Lee-Morgan** (Te Arawa, Tainui) as a way of supporting whānau to feel a sense of stability and peace in response to the COVID-19 pandemic.*

