



## $Respond \cdot Recover$

## **Support for ECEs**

Support for ECEs affected by the 7.5 magnitude earthquake that occurred on 14 November 2016.

We are aware that following the earthquake and the series on ongoing aftershocks it is important that you access the support you need.

Information was developed following the Canterbury earthquakes in 2011, however the advice will be useful for your ECE centre.

The factsheets and resources provided contain practical advice for you, your staff and parents to support young people and colleagues affected by a major earthquake.

In addition to the resources provide by the Ministry to support schools and ECEs there are some helpful links below that provide advice on recovery:

Wellbeing campaign and has some great recommendations for wellbeing: http://allright.org.nz/what-makes-us-feel-all-right/

The Worry Bug

http://www.theworrybug.co.nz/

We also encourage ECE staff to utilise the education workforce wellbeing package including measures for mentoring, and employee assistance programme help. The Ministry will work with the boards of schools and ECE centre managers on a case by case basis where support, staffing or funding is required.

If you are finding it hard to cope and need support you can ring the Canterbury Support Line 0800 777 846. They can connect you with services or organisations that can offer you practical support, information or advice.

Should you have any concerns at all please contact the Ministry of Education – either to one of our property team (for schools) or to your Education Advisor (schools/ECE).